

Maternity Care:	06 492 398 09
Security:	7777 (use phone at the desk in the hall)



Q&A's for clients in English

- What is a maternity hotel?
In the maternity care hotel, women who have given birth at home, in hospital or in outpatient settings can receive postnatal care.
- Why is a maternity hotel necessary?
Due to a shortage of maternity care staff, it is not possible to provide care at everyone's home in the coming months. The maternity hotel allows a maternity nurse to care for multiple women simultaneously.
- Where is the maternity care hotel located?
The maternity hotel is located in Catharina hospital in Eindhoven, on the 4th floor, West-side.
- How long can I stay in the maternity Hotel?
You can stay 4 days (4x24 hours). There is no option to extend your stay on your own costs .
- Availability of maternity care in the hotel?
A maternity nurse is available daily from 8:00am till 8pm for care and (breast)feeding assistance. The level of care required varies for each mother and baby based on what they need. Like being at home, there will be no maternity nurse overnight. Sanitary facilities will be cleaned as needed, meals provided and emergency questions answered.
- Do I have my own room in the maternity hotel? Is it lockable from the inside?
You have a private room with your partner and baby and your own bathroom. This one is not lockable.
- Will I be provided with meals?
Yes, you will receive 2 bread meals and 1 hot meal per day.
- Can my partner also have meals?
Yes, but there is a charge for partner meals.
- Can I bring my own food?
Yes, there is a microwave in the hall-way.
- Can I have visitors day and night?
Visitors are allowed You can receive visitors in your own room during the day and in the evening until 8pm.
- Can my partner stay overnight in the maternity hotel? What about my other child(ren)?
We recommend your partner to stay overnight. It is not possible for other children to stay overnight but they are more than welcome during the day.
- Are pets allowed?
No, pets are not permitted.

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- What should I bring to the maternity hotel in any case?
 - o Your maternity care box
 - o Clothes for yourself, a bathrobe
 - o Clothes for your baby
 - o A baby swaddle
 - o Toiletries
 - o Maxi cosi
 - o Bottle(s)
 - o Diapers
 - o Vitamine D and K for your baby
 - o Paracetamol for yourself
- What is already available?

A baby cot, two bottle warmers, baby bath, towels, bed linen.
- Do I have to pay for parking at the maternity hotel?

You will receive one free exit from the hospital parking. Daily parking fee is €3,50.
- Do my guests have to pay for parking at the maternity hotel?

Yes, guests must pay the hospital parking fee.
- Who covers the cost of my stay at the maternity hotel?

Please inform your health care insurance concerning the costs, to make sure you have the right information.
- What if I am unsure where I will give birth?

Your maternity company will discuss the options with you, after childbirth. They will not know the options on forehand.
- What about giving birth in hospital on medical grounds?

This does not change. If you are discharged from hospital, please contact the maternity organization and they will coordinate follow-up care with you.
- How does digital maternity care work?

Digital maternity care involves having video calls with a maternity nurse. This allows you to discuss all your questions with a maternity nurse, even if she is not physically present. Your maternity care organisation will provide you with further information about the options available.
- Can I receive in-home maternity care after my stay at the maternity hotel?

After staying in the maternity hotel, your midwife will discuss the necessity and options of in-home maternity care.
- Can I also give birth in the maternity hotel?

No, birthing is not possible at the maternity hotel.

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- How do I reach the maternity hotel after giving birth?
You must arrange your own transportation to the maternity hotel, unless you gave birth at the Catharina hospital.
- Are there other guests in the maternity hotel?
Yes, there are about 4 guests in total.
- How can I contact the maternity nurse while in my room?
You can call the number above.