

United strength for continuous birth care



## **Client information - program**

- 1. Opening
- 2. Maternity care and staff shortage
- 3. Maternity care What to expect?
- 4. Maternity hotel
- 5. Questions?



# Maternity care and staff shortages

Staff shortages in health care, including maternity care, continue to increase.

Pregnant women could not register anymore for maternity care in the Eindhoven region.

Due to these shortages, from May to October, it will not be possible to provide maternity care in the usual way, for all new mothers.



# **Regional approach**

Maternity care, midwives, hospitals, and health insurers have made great efforts and worked closely together to accomplish that:

Every new mother will receive the necessary maternity care that suits her unique needs and those of her child





# How will care be distributed?

Depending on your circumstances and the available care:

- At home for a maximum of 24 hours
- Maternity hotel for a maximum of four days (May to October)
- Maternity care until the 6<sup>th</sup> day
- Sometimes it is possible to use "video calling" with a maternity nurse.

Summarizing: customized care





## Waiting list health insurers

If you have not registered with a maternity care organization yet, it is important to notify your health insurer urgently.

They will then promptly inform you about the maternity care organization where you can register.



# Maternity Hotel – why and how?

#### Why

It is important that all new mothers and their babies will receive care, checkups, support and rest, either at home or in the Maternity Hotel.

### What is a Maternity Hotel?

This a specialized facility that offers accommodation and comprehensive care services for new mothers and their babies during the first days of the postpartum period.

It is a valuable and necessary alternative to receiving maternity care at home.



# Maternity Hotel – why and how?

The hotel provides a supportive environment where mothers can receive assistance with breastfeeding, newborn care and recovery after childbirth.

Maternity nurses van quickly identify and respond to any issue that may arise for both the mother and newborn.



# For whom is the Maternity Hotel?

### For all women who give birth from May-October

- ✓ After giving birth at home
- ✓ After giving birth in the Catharina hospital, Maxima MC or St. Anna hospital

# After childbirth you can receive care at the hotel or at home. The hotel is strongly recommended.

If in-home maternity care is not available, you will receive care at the hotel.

If the hotel is fully occupied, you will receive maternity care at home.

# After childbirth, please call the maternity care organization to discuss your options.





## How does it work?

- After childbirth you may stay at the hotel for max 4 days.
  - After staying at the maternity hotel, your midwife will discuss the necessary and available maternity care options at home.
- You will get a private room with bathroom, baby cot, kitchenette, bed for mother and partner.
- A maternity nurse will be present from 8am till 8 pm
- One of the midwives from your own midwife practice will regularly visit.





## How does it work?

- Blood-screening and the hearing test for the baby will be conducted at the hotel
- Meals for new mothers are included.
  - Partner meals at extra costs
- Your partner or another adult may stay overnight
- Visitors and children are welcome during the day







# **Practical information Maternity Hotel**

### Where?

• Catharina Hospital.

#### What is already provided?

- Bed linen and towels for mother and child.
- A baby cot, dresser, baby bath, cotton towels, wash cloths and cotton wipes are at your disposal.
- Meals and snacks for the new mother.
  - Partner meals are available for purchase, or feel free to bring your own
- Kitchenette
- Fridge, microwave
- Coffee and tea available in the pantry in the hallway.











# **Practical information Maternity Hotel**

#### What should you bring to the maternity care?

- Your maternity care box
- Clothes for yourself, a bathrobe
- Clothes for your baby
- A baby swaddle
- Toiletteries
- Maxi cosi
- Bottle(s)
- Diapers
- Vitamine D and K for your baby
- Paracetamol for yourself
- Other personal belongings like phone charger



## **Practical information Maternity Hotel**

#### Parking fee

- You will receive <u>one</u> free exit from the hospital parking. Daily parking fee is €3,50.
- Guests must pay the hospital parking fee.

#### How much will it cost?

The Dutch health insurance companies cover almost all costs of the maternity hotel. Clients will have to pay the compulsory personal contribution of € 5,10 per hour with a maximum of eight hours per day.

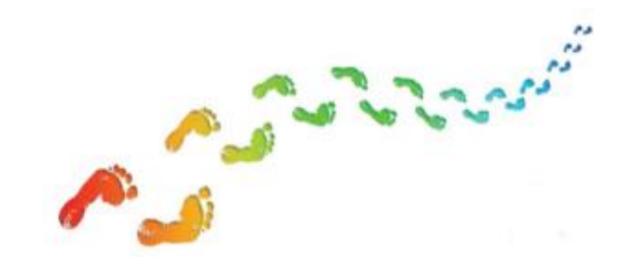
Please contact your health insurance for further information.



## And more...

More information will be available on the website ZIZOBrabant.nl

For all other questions you may contact your maternity organization.





## **Questions?**





Wishing you a smooth delivery and a joyful time ahead!

